Author Profile

After graduating with a BA and Dip.Ed from Sydney University, he taught in NSW Government Schools from 1971 to 1992 and then in the Independent School System of NSW until 2006. In those years he was responsible for the implementation of Road Safety and Driver Education Programs. He was instrumental in the writing of a Senior High School Road Safety Syllabus and assisted in the framing of the Safety strand of the Health Education Syllabus in NSW. He has also written educational programs for specific purposes in the field of Road Safety Education. In 1988, he received a special award from the Royal Australasian College of Surgeons for his work in Road Safety and has been a member of the ACRS for 20 years.

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- 2 Road Safety Research Report No.1, Department of Transport, UK. 1996 at http://siteresources.worldbank.org/EXTROADSAFETY/R esources/childdev14.pdf
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The following links and articles have been useful in the preparation of these materials:

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Melbourne: RACV Ltd.

Christie, R. (2001). The Effectiveness of Driver Training as a Road Safety Measure: A review of the Literature. Melbourne: RACV.

Siegrist, S (Ed) (1999). Driver Training, Testing & Licensing – towards theory-based management of young drivers' injury risk in road traffic. Results of EU Project GADGET, Work Package 3. Berne: Schweizerische Beratungsstelle für Unfallverhutung (BFU).

Online resources:

http://siteresources.worldbank.org/EXTROADSAFETY/Resources/childdev14.pdf

http://www.atsb.gov.au/pdfs/cr222.pdf

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Pettit (1994)

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Landmark Case on Hands-free Mobile in UK

By Dr Will Murray, Research Director, Interactive Driving Systems, UK Email: will.murray@virtualriskmanager.net

In what is seen as a landmark case, a sales boss, called Marie Howden, who was using a legal hands-free phone when she crashed and killed another driver, was recently found guilty of causing death by careless driving. The prosecutor said: 'She lost control because she was distracted by the call. The collision would not have happened if she had not been on the phone and had been paying attention.' Her final call was to a work colleague at 8.23am which lasted five minutes before she lost control of her car. She later told officers: 'It is entirely legal to use a mobile phone with a hands-free kit. I regularly make and receive calls while driving. My car is effectively my office.'

The court heard Howden had earlier been seen swerving across the road and that 'minutes before the crash she was seen in the wrong lane and drove in front of a car. She was using a handsfree kit with wired headphones attached when she fatally crashed in November 2007.

This story, and news that the 3M company has recently banned all types of mobile phone use while driving, has added weight to the increasingly compelling body of research from around the globe quantifying the dangers of communication equipment use and driving:

- University of Utah research published in 2002 showed that drivers using a hand-held or hands free phone missed twice as many hazards as when not using the phone, due to attention diversion.
- Research from Western Australia, published in the British Medical Journal, found that driving while talking on a

- mobile phone whether hand-held or hands-free increases the risk of a collision by four times.
- A study commissioned by a leading UK insurance company revealed that talking on any mobile phone while driving is so mentally distracting that it is as dangerous as driving when slightly over the UK and US legal bloodalcohol limit of 0.08. 'Cognitive distraction' from a hands-free mobile phone is just as serious as that from a hand-held.
- The Transport Research laboratory (TRL) identified the following stopping distances with different levels of impairment.
- Four TRL studies concluded that all car phone conversations and texting result in more drifting in lane, slower reaction time and more missed events.

Tony Holt, BT's Travel Safety Subject Matter Expert said: 'We suspect a lot of organisations will be nervously reviewing and tightening enforcement of their mobile phone polices again after seeing all this research, and the news generated by the Marie Howden case, which brings home the reality about driving using even a hands free mobile. Its vital that our drivers follow BT policy and the legal requirements at all times'.

We have therefore developed the following advice for managers and drivers. Our advice to managers is that it can be an offence to require people to use mobile communication equipment while driving – you are asking them to 'drive while not in control of the vehicle'. Managers must:

- Lead by example.
- Tighten and enforce company policies limiting work and personal use of all mobile communication equipment while driving.
- Not accept any breaches of the law or company policy concerning the use of mobile communication equipment in vehicles. Any evidence, including complaints from other road users, of employees breaking these rules must be treated with the utmost seriousness.
- Supply 'engine on mobile communication equipment off' that cannot be used when vehicles are in motion.
- Ensure drivers use voicemail or call diversion and stop regularly to check messages and return calls.
- Think about the 'culture of mobile communication equipment use in your organisation, and if you contact an employee who may be driving:

- 1. Ask if it is safe to talk.
- 2. State how urgent the call is.
- Keep the message brief and ask the driver to call you back when they stop.

Our advice to drivers is:

- Be fully aware of the legal requirements and company policy regarding use of mobile communication equipment.
- Plan each aspect of your journey before you start, enabling you to take regular breaks and deal with calls.
- If your phone rings while driving, allow the call to divert to message bank or voicemail.
- Stop in a safe place to take regular breaks to make a call or retrieve messages. Do not stop where you pose a hazard for other vehicles or pedestrians.
- Never take notes, write messages, look up phone numbers, read or send SMS messages while driving.
- Use mobile communication equipment in a responsible manner, being aware of your surrounding environment, respecting the reasonable expectation of others in your immediate vicinity, particularly in locations such as in hospitals and airports and on airplanes and trains.
- Do not use a mobile phone whilst driving as your major task is to arrive safely at your destination.
- Under no circumstances participate in conference calls while driving.
- Avoid using mobile communication equipment while driving.
- Ensure your Voicemail is activated or set up automatic diverts to other team members.
- Undertake critical calls and other mobile communication equipment use before starting your journey.
- Take regular breaks to deal with calls and messages.
- Ask your passengers to take and make calls on your behalf.

Even in cases where organisations feel the need to stop short of banning all use of mobile communication equipment while driving, managers and drivers should do everything they can should take all reasonable steps to ensure the safety of themselves, their people and other road users in the wider community.

